



"Keeping Parents, Players, and Supporters Informed"

# Auburn Mountainview Volleyball Newsletter

Issue # 6

April, 2010

## THE BIG KAHUNA Outdoor Co-Ed 4 on 4 Tournament! Tuesday, June 8<sup>th</sup>

20 teams... 100 participants... students and staff teams trying to take home the three foot trophy!



Once again, the volleyball program will sponsor the biggest event at Mountainview. Set up in the outfield grass of the baseball field, co-ed teams will compete in pool play games followed by bracket play. Each team can have no more than two AMHS volleyball players on it and must play with at least one boy or girl on the court at all times. The cost is \$12 per person, which includes a collectors T-Shirt, bottle of water, and hours of fun! Get your teams set up now and get your *Team Registration* in by April 30<sup>th</sup>, because space is limited and it sells out each year.

In order to make this a success, we will need the help of all Mountainview players for set up, take down, and participation in the tournament. In addition, I will also need a handful of parents to assist with scoring or being a court monitors on one of the 5 courts we will set up.



## Mountainview to return to the Spokane Crossover Tournament in 2010! October 8<sup>th</sup> & 9<sup>th</sup>

The Crossover Classic has become the premier high school varsity volleyball tournament in the Northwest. Last year, 64 teams from Washington, Idaho, and Oregon participated. The goal of the Crossover Classic Tournament is to provide an opportunity to compete against the top teams in the Northwest prior to post season competition.

In addition to great competition, we also look forward to team bonding activities during this weekend tournament. Anybody up for a trip to The Great Corn Maze?

### 2010 Teams

Archbishop Murphy	Deer Park	Lake City	Pullman
Auburn-Mountainview	Eastmont	Lakeland	Richland
Auburn-Riverside	East Valley	Lakeside	Rogers/Spokane
Barlow	Eisenhower	Lewis & Clark	ne
Bethel	Ferris	Mead	Sandpoint
Blanchet	Freeman	Moscow	Seattle Prep
Bonnars Ferry	Gonzaga Prep	Moses Lake	Shadle Park
Camas	Grandview	Mt. Spokane	Skyview
Cascade	Graham-	Newport	Southridge
Central Valley	Kapowsin	North Central	St. Marie's
Cheney	Heritage	NW Christian	Tahoma
Chiawana	Kamiak	Pasco	Union
Colfax	Kamiakin	Post Falls	University
Colville	Kellogg	Prairie	Walla Walla
Curtis	Kennewick	Priest River	Wenatchee
Davis	King's	Prosser	West Valley/S
	Kuna		West Valley/Y

## Auburn Mountainview's 24 Team Tournament September 11<sup>th</sup>



In September, Auburn Mountainview will host the 5<sup>th</sup> annual Puget Sound Adidas Invitational Volleyball Tournament. This varsity tournament will be the premier event of the 2010 volleyball season. All twenty-four teams are confirmed and will be traveling from all over the northwest. It promises to be an exceptional opportunity to compete against many of the best teams the northwest has to offer. Ten of this year's teams participated at the 2009 State Championship!

I would like to assemble a group of parents to head the organizational effort including: hospitality room set up and food assignments, signs, and supervision. If you are interested, please put this date on your calendar for a FULL day and night of adventure

### 2010 Teams

\*denotes 2009 State Participant

Archbishop Murphy*	Everett	R.A. Long*
Auburn	Inglesmoor	Rogers (Puyallup)
Auburn Mountainview*	Kamiak*	Sam Barlow (OR)*
Auburn Riverside*	Kamiakin	Seattle Prep
Bainbridge	Lake Stevens	Shadle Park
Bellarmine Prep	Marysville-Pilchuck	Sumner
Burlington-Edison*	Prairie*	Tahoma*
East Valley		Woodinville*

## Lions Going to Gonzaga Volleyball Camp July 12<sup>th</sup> - 15<sup>th</sup>



All current and future Auburn Mountainview Volleyball Players are invited to attend this summer's Gonzaga Individual Volleyball Camp from July 12th -15th.

This year, we will be competing as a team at the Individual Camp. We will have two teams attending. My hope is to get as many players (grades 8-12) there during the same week. Please keep in mind, because I am the director of the camp, I will be able to assist with making your camp experience the best it can be. Go to [www.zagvolleyballcamp.com](http://www.zagvolleyballcamp.com) for more information.

## Save the Dates!

**Mountainview Tryouts!**  
August 23, 24, 25

Attendance is mandatory. Please contact Coach Bowles immediately if you have a conflict.

**All-American Camp**  
August 19, 20, 21

This is a varsity level camp. 10-12 "Potential" Varsity players will be selected to participate in this camp.

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## SPSL Restructures All Divisions for 2010-2011

Posted by Sandy Ringer –  
The Seattle Times 3/24/2010



It's official -- Federal Way will move from the SPSL 4A North Division to the South Division this fall. The SPSL Principals Association made the determination earlier this month based on a coin flip between Federal Way and Jefferson.

This keeps nine teams in each 4A division. Federal Way will be in the South with Bethel, Beamer, Curtis, Emerald Ridge, Graham-Kapowsin, Puyallup, Rogers and Spanaway Lake. Jefferson stays in the North with Auburn, Auburn Riverside, Kent-Meridian, Kentlake, Kentridge, Kentwood, Mount Rainier (which drops from Seamount 3A this fall) and Tahoma.

Decatur, which was in the SPSL 4A South, is joining the SPSL 3A which now includes Auburn Mountainview, Bonney Lake, Enumclaw, Lakes and Peninsula. There will be 7 teams total in the 3A league.

The new SPSL 2A encompasses Clover Park, Eatonville, Fife, Franklin Pierce, Steilacoom, Sumner, Washington and White River.

*Note From Coach Bowles: "Due to restructuring, I have yet to receive the SPSL 3A schedule for 2010. I will get that to you as soon as possible."*

## April Workouts with KC Herren Monday and Wednesday from 2:45 to 4:00.



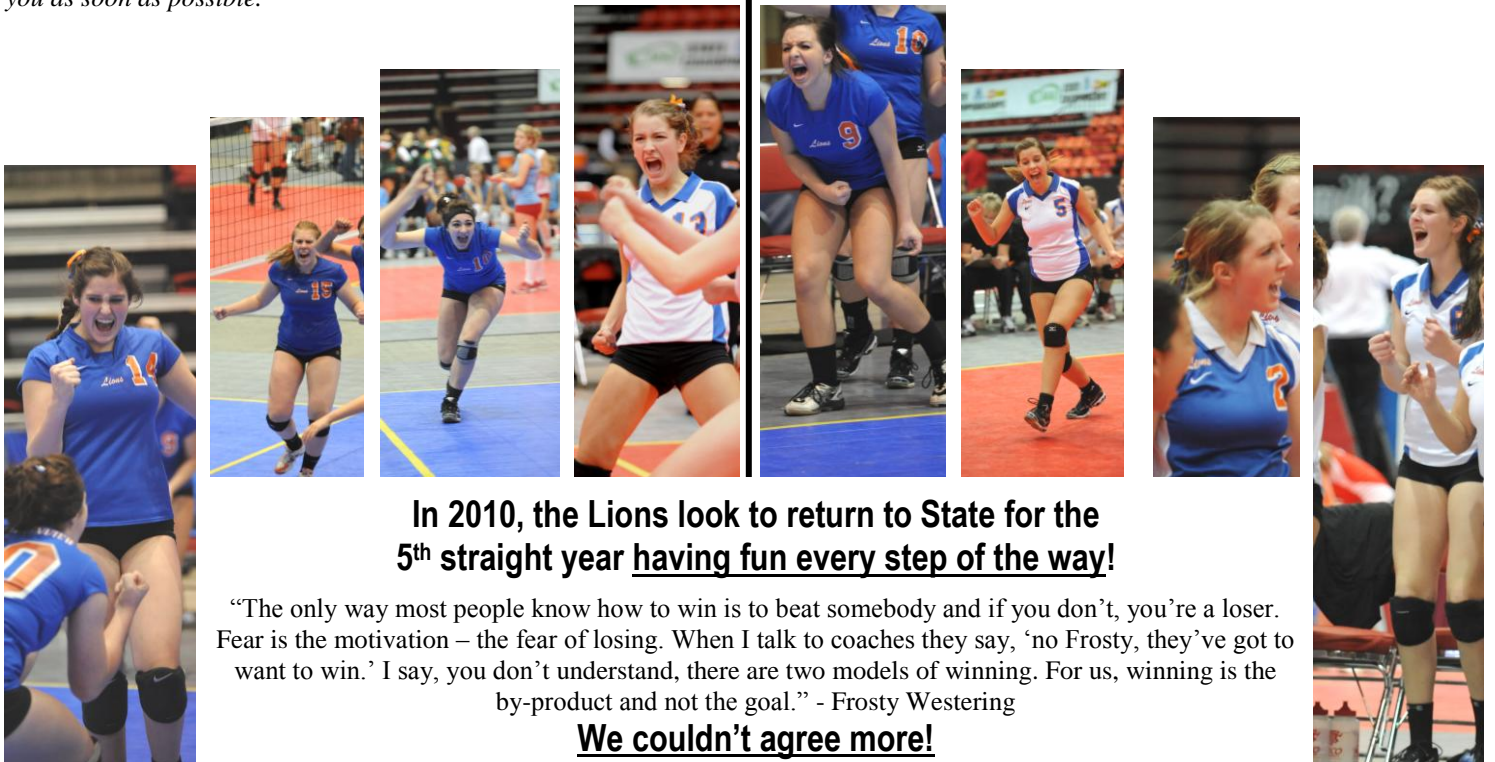
Volleyball has been meeting every Monday and Wednesday from 3:00-4:00pm at Mountainview. The cost for each girl is \$10 per session. The payment must be upfront for one month of sessions. You choose the sessions you are able to commit to.

Here's an additional incentive:

For every session your daughter is ON TIME and WORKS HARD, our booster club will reimburse you \$5 per session. There will be no exceptions to being on time. If they are late or do not attend, there will be no \$5 reimbursement.

Our volleyball program continues to put the responsibility and ownership on the players to be in charge of their destiny. This is a far cry from traditional "required" workouts which in the past, have been riddled with excuse after excuse for not being able to attend. This new scenario offers the real world experience of paying for top notch services, yet with the assistance of our booster club, it also offers some relief to our pocketbooks. Please contact Coach Bowles if you are interested.

**\*\*INCOMING FRESHMEN ARE NOT ALLOWED TO PARTICIPATE with the High School until June 18<sup>th</sup>.** (This date may be pushed back a bit if there are no baseball rainout makeup games.)



## In 2010, the Lions look to return to State for the 5<sup>th</sup> straight year having fun every step of the way!

"The only way most people know how to win is to beat somebody and if you don't, you're a loser. Fear is the motivation – the fear of losing. When I talk to coaches they say, 'no Frosty, they've got to want to win.' I say, you don't understand, there are two models of winning. For us, winning is the by-product and not the goal." - Frosty Westering

**We couldn't agree more!**

Visit the Mountainview Volleyball Website at [www.mountainviewvolleyball.com](http://www.mountainviewvolleyball.com)